



2015

Volume 2: Issue 2

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# BWFLC BULLETIN

## Letter from the editor

*The second term is nearing an end and everyone is busy with exams. Students and teachers have worked very hard and are all looking forward to a well-deserved break this summer.*



While some of us will be lucky enough to travel abroad this holiday, others will stay in Hong Kong. But there's no excuse for a boring and housebound summer. We introduce to you – the staycation.

Hong Kong is filled with awesome tourist attractions and activities for all ages and interests. What better way to keep yourself busy than being a tourist in your own city? Here's how to make the most of your staycation:

**1. You must have itchy feet** (someone who finds it difficult to stay in one place and likes to discover new places)

Make an effort to find things to do and places to see, instead of staying at home, playing computer games or watching

television. Your neighbourhood will have some interesting sights to see. If you want to venture further away, the internet offers many suggestions of things to do in Hong Kong.

**2. Hit the road early** (to begin your journey)

Everyone loves to sleep late during the holidays, but on the days that you are going on an outing, it's better to get up early and get going. Hong Kong summers are very hot and humid and if you start early, you can beat some of that heat. Then, when you get back from your outing, you can take a lovely catnap to make up for all the lost ZZZs.

**3. Take the highways and byways**

(take large and small roads to visit every part of a country or city)

Hong Kong has so many transport options and most of them are very affordable. Make sure you make use of this and travel far and wide to get to know your city better. Apart from taking the most well-known routes, it's good to keep in mind that the most interesting places can sometimes be found in the smallest alleys or side roads.



*Remember your sunscreen!*

*The Editor*



# Looking back

During the second term the English Department hosted more of their annually scheduled English activities such as the Valentine's Day and Spring Carnivals, Read and Share at lunch time, S3, S2 and S1 Show Time, various workshops and of course - the highlight of the year – English Week. English Week was a massive success thanks to the hard work and dedication of the English teachers and the enthusiastic participation of the students. Everyone enjoyed it very much and it was a great way to end off a busy year in the English Department. (See the full article on p.6.)

The Drama Club ended the English Week Variety Show on a high note with their musical and dance performance. Dance Off was a fun comedy written and directed by Ms Crouse. The choreography of the show was workshopped by talented Sweta Limbu in S4. Students of all ages enjoyed this quirky dance comedy.

Take a look at some of the fun we had in the English Department during the second term...

## S2 SHOW TIME



*S2 English Show Time held on 11 March*

## S3 SHOW TIME



*S3 English Show Time held on 11 February*

## S1 SHOW TIME



*S1 English Show Time held on 29 April*

## Toasted Sandwiches Workshop



*Workshop presented by Ms Mui*



# at Term 2

## DANCE OFF



Performance at the English Week Variety Show

## Table Manners Workshop



Ms Lau teaches students table manners

## COMIC STRIP WORKSHOP



Workshop presented by Ms Yeung

## Film Appreciation Workshop



Ms Sum teaching students all about movies

## SPRING CARNIVAL



S3 students having fun at the Spring Carnival

## Valentine's Day Carnival



English Ambassadors at the Valentine's Day



## Getting to know... Ms. Lau



### What is your life motto?

Try your best and have no regrets. I believe if I have tried the best that I can possibly do, I will not have to worry about the result. The outcome cannot be determined or altered by only one single party.

### What foods don't you like?

I don't know if it's a kind of allergy, but when I eat eggplant, I get an itchy throat.

### What is your favourite song?

I like Best of Me by Daniel Powter. The lyrics are simple and direct and the melody is also easy to sing along with.

### What annoys you the most?

When I have something that cannot be gone through and I get stuck in a dead end before I can move on to other tasks. That situation annoys me most.

### What is your favourite holiday destination?

My favourite holiday destination is the Gold Coast in Australia. I don't really like to go to really fast-growing cities with a quick pace. I love the slower, relaxed pace of living there.

## Bulletin Buzzword 'staycation'



A *staycation* is a holiday spent in your own city that involves sightseeing and day trips to local tourist attractions. A staycation is a great way to discover your own city and enjoy all that it has to offer.

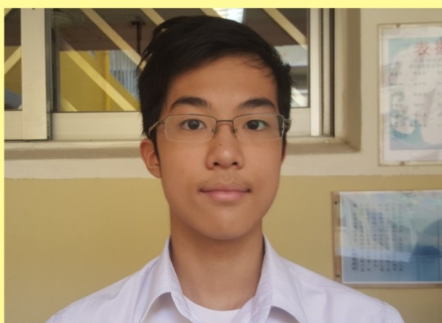
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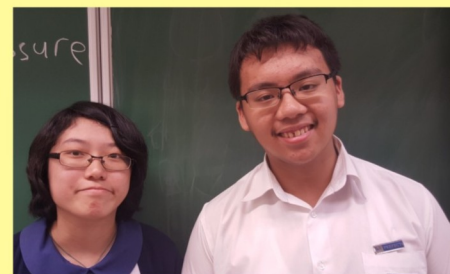
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"Yuen Long – it has lots of little interesting shops and restaurants" – Ms Mui



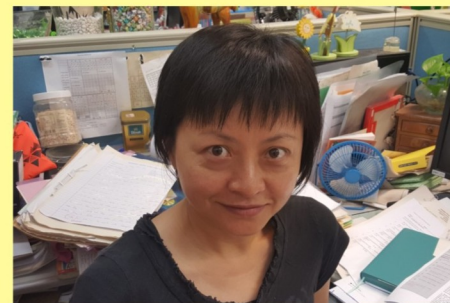
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"Listening to music and reading in a café like Pacific Coffee Company or Starbucks" – Ada Ng (5D) and Jack Tam (5D)



"The Shing Mun River in Shatin" – Michael Lau (4A)



"The Northern New Territories (Fanling and Tai Po). It's especially great for cycling" – Ms Chan



## Staycation Inspiration

### Free

#### Take a hike:

Hong Kong is a hiker's paradise and there are many trails to explore. Check out the 4-hour walk on the Dragon's Back Hiking Trail on Hong Kong Island or the Tai Mei Tuk (Plover Cove) trails if you're looking for an easy walk under 3km. If you're up for a bigger challenge, check out Tap Mun (Grass Island) or the Olympic Trail (Lantau).

#### Picnic time:

Pack a bag with a blanket, your favourite snacks and games and head out to one of the city's many parks for a picnic with friends. If you'd like a patch of grass to chill out on, try Tamar Park (Admiralty) or the Kai Tak Rooftop Park (Kowloon).

#### Hot off the grill

There are loads of barbeque spots all over Hong Kong. For a park BBQ, visit Lion Rock Park (Wong Tai Sin) or make it a beach BBQ at Shek O or Deep Water Bay.



#### Fun in the sun:

Hong Kong has great beaches and swimming pools. If swimming is not your thing but you'd still like to cool down this summer, be sure to visit the water play area at the Kai Tak Cruise Terminal (Kowloon).

### Under \$100

#### A view from above:

If you haven't been on the Hong Kong Observation Wheel (Central Waterfront), this holiday is the ideal opportunity to check out your city from above. Try to go on a clear day for awesome views of Victoria Harbour, Kowloon and Hong Kong Island.

Entrance: \$70 per person (student rates)

#### Like a fish in water:

Except for the many beaches and swimming pools on Hong Kong Island, the city also has a water park at the Tseung Kwan O swimming pool. With five slides and eight pools to choose from, you'll be able to spend the entire day here.

Entrance: \$9 per person (student rates)

#### Singing in the rain:

We know that not all summer days in Hong Kong are sunny, but there's no excuse to stay home. Round up a group of friends and head to your nearest Karaoke venue for a fun day indoors.

Entrance: Depends on the venue and time slot.



#### Keep it cool:

Ice skating is another great activity for a rainy or sweltering summer day. There are two rinks to choose from - Glacier at Festival Walk and Ice Palace at Taikoo City Plaza.

Entrance: \$55 per person (weekday rates)

### Under \$200

#### Mind warp:

The Repulse Bay Visual Art Museum is the biggest 3D museum in Hong Kong and gives you the chance to interact with the artworks and even become part of an artwork. With over 80 3D artworks and six different zones, you'll be able to spend an entire day here.

Entrance: \$144 per person (adult rates)

#### Jump around:

If you've got some excess energy to get rid of, make sure you visit the Ryze Ultimate Trampoline Park (Java Road, Quarry Bay). The park offers open jumping areas, trampoline dodgeball, basketball hoops and loads more.

Entrance: \$150 per hour (adult rates)

### Over \$200

#### Skate away:

Did you know Hong Kong has an indoor skate park? Check out the Vans SK85IVE2 Indoor Skate Park in Kwun Tong for some action packed fun.

Entrance: \$300 for a one year membership and \$80 for 2 hours



#### Discover your inner child:

Ocean Park and Hong Kong Disneyland are timeless Hong Kong favourites. If you haven't been there for a while, why not rediscover these places during the summer holiday?

Entrance: Ocean Park \$345  
Hong Kong Disneyland \$499



# BULLETIN BREAKING NEWS

## English Week

The English Department's annual English Week took place from 11 to 17 March 2015 and was a massive success! All hands were on deck and teachers and English Ambassadors worked very hard to make it a fun and enriching experience for all students. English Speaking Days were held during the week and students enjoyed all the opportunities they got to practise their English. Students were encouraged to speak to all the teachers in school and everyone enjoyed their English chats – including Principal Lee!



*S2 students having an English chat with Principal Lee*



*Students lining up after S1 Show time to get their English passports stamped*

Different subjects also hosted games booths in the covered playground, where students got to practise all the new cross-curricular vocabulary they learnt in the weekly NET Chats during the year.



*S5 student helpers at the Art game booth*



*S4 student helpers at the Liberal Studies game booth*



*S5 student helpers at the Geography game booth*

The mini tuckshop also provided students with an opportunity to practise their English by buying snacks during the week's recesses and lunchtimes.



*S1 and S3 student helpers at the mini tuckshop*

Students also had loads of fun playing Running English in the Old Hall during the week.



*S2 students competing in a Running English activity*

The English Week ended on a high note with an English Variety Show that showcased performances by speech festival winners and the Drama Club.

Students had loads of fun and made sure that they got their English passports stamped at every opportunity.



*Variety Show drama cast*



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## English Quiz Tournament

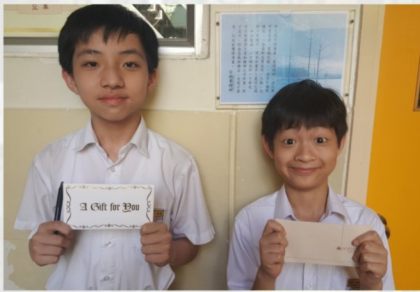
The English Society hosted an English Quiz Tournament for the first time this year. Eight teams entered this year's tournament and there was \$600 worth of prizes up for grabs.

Teams played five rounds throughout the year and the quizzes consisted of general knowledge as well as some Hong Kong trivia. All the teams did very well and the top three teams were

neck and neck. The winning team won \$600 worth of vouchers. Let's take a look at the winners.



*A close second for 3E (108 points) - Benny Chan, Harry Kwong, Emily Zhou and Michael Shek*



*The winning team (109 points) - Anthony Lo (1A) and Jonus Mok (1A)*



*Third place for 4A and 4D (105 points) - Jeff Ha, Leo Tang, Angel Chuen, Alice Lam, York Tam*

## Public Speaking Course

Students from S3 – S5 participated in the SPEAKSY Public Speaking Workshop during the second term. The course ran for 4 weeks and students took part in a final public speaking competition. Students competed against public speakers from other schools and two of our S3 students were awarded trophies for Best Topic and Best Speaker.



*Emily Zhou (3E) won Best Speaker and Benny Chan (3E) won Best Topic.*

## BWFLC Bulletin Brag

**Writer of the Issue:**

**Ryan Wong (2A)**

### A trip to Hong Kong

I have some suggestions for your trip to Hong Kong. First, if you want bargain shopping, it's a good idea to go to Stanley Market and the Ladies Market. Stanley Market has a wide variety of stalls selling Hong Kong souvenirs and clothes – particularly traditional Chinese dresses and silk garments, toys, luggage bags, ornaments, Chinese arts and crafts. In the Ladies Market, there are stalls selling merchandise at a cheap price.

Then if you want to see nature such as beaches, animals and trees, I recommend you visit

Hong Kong Wetland Park and Mai Po Marshes Nature Reserve. In recent years, Mai Po Marshes has housed over 5,500 migrating birds, including Saunders's Gull and a quarter of the world's Black-faced Spoonbill population. Also, in the Hong Kong Wetland Park, there are different kinds of facilities.



Hong Kong also has different sorts of local delicacies. I suggest you try two special dishes which are on the must-try list in HK. Siu mai are small steamed dumplings with pork or prawns inside, wrapped in a thin white wheat wrapper. They usually have crab roe and mushroom on the top. Barbecue meat like Cantonese

roasted pork is also recommended. This meat is usually served with a bun, rice or noodles.

Finally, Hong Kong has some other good places to visit. If you want to see the local heritage, it's great to visit the Kowloon Walled City Park. It features some scenic landscaping and a fully restored Yamen as the centerpiece in the park. You can take some pictures there. Tai O Fishing Village is a village that has some stilt houses. After sightseeing there, you can eat some seafood and buy traditional food like salted fish and shrimp paste. I hope you will have an unforgettable experience exploring Hong Kong.

**Riddle Me This Answers**  
1 Stairs      2 A stamp  
3 His breath      4 A needle



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1. What goes up and down, but does not move?



2. What can travel around the world while staying in a corner?

3. What is as light as a feather, but even the world's strongest man couldn't hold it for more than a minute?

4. What has one eye but cannot see?

## Just for Laughs

A few jokes to lighten up your day

**Why shouldn't you write with a broken pencil?**  
Because it's pointless.

**Why wouldn't the shrimp share his treasure?**  
Because he was a little shellfish.

**How does an octopus go to war?**  
Well armed

**What do clouds wear under their shorts?**  
Thunderpants



## Did you know?

- It takes more muscles to frown than it does to smile.
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## The Holiday Reading Challenge

Holidays are a great time to catch up on all the books you've been meaning to read during the year. This holiday will be the ideal time for you to start the 20-minute English reading challenge. This means that you will need to read for 20 minutes each day. Let's take a look at the benefits of reading for 20 minutes per day.

### Why Can't I Skip My 20 Minutes of Reading Today

**Student "A"**  
reads 20 minutes  
each day  
3600 minutes in  
a school year  
**1,800,000 words**



**Student "B"**  
reads 5 minutes  
each day  
900 minutes in  
a school year  
**282,000 words**

**Student "C"**  
reads 1 minute  
each day  
180 minutes in  
a school year  
**8,000 words**



### Here are some useful tips on how to get your daily 20 minutes:

- Read while travelling on the bus or MTR.
- Always keep a book in your bag.
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- Read everything English - labels, boxes, magazines, notices, signs etc.





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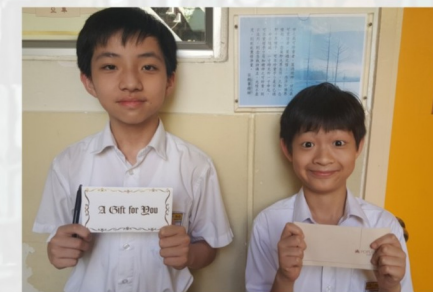
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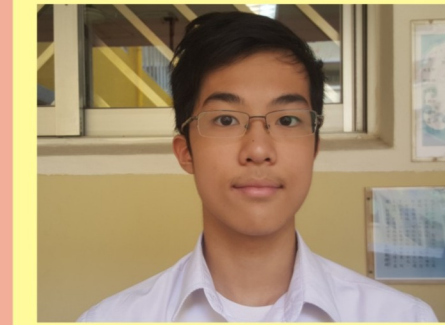
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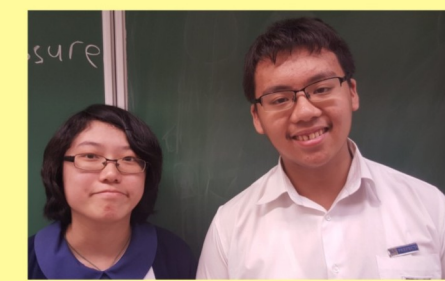
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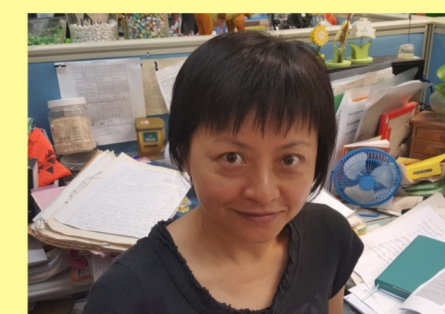
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Entrance: Depends on the venue and time slot.

**Keep it cool:**  
Ice skating is another great activity for a rainy or sweltering summer day. There are two rinks to choose from - Glacier at Festival Walk and Ice Palace at Taikoo City Plaza.  
Entrance: \$55 per person (weekday rates)

Under \$200

**Mind warp:**  
The Repulse Bay Visual Art Museum is the biggest 3D museum in Hong Kong and gives you the chance to interact with the artworks and even become part of an artwork. With over 80 3D artworks and six different zones, you'll be able to spend an entire day here.  
Entrance: \$144 per person (adult rates)

**Jump around:**  
If you've got some excess energy to get rid of, make sure you visit the Ryze Ultimate Trampoline Park (Java Road, Quarry Bay). The park offers open jumping areas, trampoline dodgeball, basketball hoops and loads more.  
Entrance: \$150 per hour (adult rates)

Over \$200

**Skate away:**  
Did you know Hong Kong has an indoor skate park? Check out the Vans SK85IVE2 Indoor Skate Park in Kwun Tong for some action packed fun.  
Entrance: \$300 for a one year membership and \$80 for 2 hours

**Discover your inner child:**  
Ocean Park and Hong Kong Disneyland are timeless Hong Kong favourites. If you haven't been there for a while, why not rediscover these places during the summer holiday?  
Entrance: Ocean Park \$345  
Hong Kong Disneyland \$499

