

Sports Idol

My sports idol is Liu Xiang. He came from China. He was born in Shanghai. His nickname is 'Asia's Trapeze'. He is 189cm tall. His weight is 87kg. He belongs to Chinese national athletics team. He retired on 7th April, 2015.

He started playing track and field events since 1990. He had three remarkable achievements. First, he got the 2004 Athens Olympic Games Champion and made a world record of 12.91 seconds. Next, he made the 2006 Lausanne Super Grand Prix Track and Field World Record of 12.88 seconds. Finally, he won the 2007 Athletics World Championship in Osaka in 12.95 seconds. He became a legend.

Although he was legendary, he still had a trough. In 2008 Beijing Olympics, he lost the game because of an injury. Also, in 2012 London Olympics preliminary game, owing to a chronic injury, he quitted it. He really had a series of peaks and troughs.

I like him because of his motto. **His motto is doing good deeds, no matter how small they seem to be.** He later went to study at German National Cheung Kung University, and we witnessed his great sports achievements. I think young people can learn from his great courage and steadfast dedication. I will follow his spirit and do my best and never give up.