

## 2B (13) MAGBOO ALEXANDRA KAY CACERES

### Letter of Advice

Dear Peter,

After reading your letter, I understand you're feeling overwhelmed with your recent problems and difficulties.

Firstly, I know you have a lot of quizzes and are drowning in homework. I know you are a smart boy; your intelligence is not the problem here. Perhaps it is the way you study. Try some new methods of studying and find one that works. If you feel there is too much homework to do, you can ask your teachers for less homework or a submission extension. You may also have a tutor, or even have a study group with friends.

Next, you had an argument with your friend. You should apologize first. Then you can try to understand why your friend felt that way. You should also try to make new friends. They can give you ideas about how to solve your problem. It's always nice to have an outsider's opinion.

Lastly, you had thoughts about killing yourself. It's never right to solve your problems in this way. Don't worry. You are not alone with this issue. You may speak to a counsellor or a trusted adult. Don't suffer in silence. Speak to someone about these

thoughts.

I hope my suggestions are helpful and I encourage you to keep going and trying your best.

Cheers,

Aunt Anna