

## **Unique and Interesting Sports**

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If I ask you to list the most popular sports in the world, I'm sure sports such as basketball and football are the first ones that come to mind. While there are only about 200 sports that are internationally recognized, did you know there actually around 8000 indigenous sports and games played all over the world? Today I'm going to be talking about some of these indigenous and lesser-known sports.

The first sport that I am going to introduce is Sepak Takraw. Sepak Takraw is also known as kick volleyball. It was created during the 15<sup>th</sup> century in Malaysia. It is a combination of football and volleyball. Three players on each team must keep the ball off the ground, but unlike volleyball, they must use their feet. It is an extremely difficult and exhausting sport as they have to jump continuously. It also has a high risk of injury as they have to flip to attack or defend the ball.

Another sport I'd like to introduce is Kababbi. Kababbi is a well-known in India. It was invented in the 1980s. It is played between two teams, and the objective of the game is for an attacker to tag as many opponents as possible and return to their side of the court without being tackled by the defenders.

Another interesting sport is water polo. Water polo is a fast-paced sport played in a swimming pool, and it is a combination of 3 sports: football, swimming and handball. A team of six players and a goalie must score in the opponent's goal and prevent the opponent from scoring into their goal. Water polo needs lots of teamwork and mental strength to play because of its physically demanding and competitive nature.

There are thousands more of these underrated and interesting sports with unique play styles and charm played all over the world. So next time you feel like taking up sports as a hobby, why not try to explore one of these unique sports? Who knows, you might find your new favourite sport. a