

## **A Positive Vision**

### **by Aajuni Gurung (4E)**

The Dalai Lama once said that 'In order to carry a positive action, we must develop here a positive vision.' Today I would like to tell you more about someone who, in my eyes, is the personification of positive actions and positive vision. My grandma.

If I had to describe my grandma in five simple words, I would say 'positive', 'strong', 'wise', 'selfless' and 'understanding'.

My grandmother was my first friend. Even though there is a huge generational gap between us, my grandma has never failed to understand me. Some of my first memories that make me smile is of me as a young child, running towards my grandma in times of happiness and times of need. Her natural maternal instinct always kicks in, and she always knows what I need at any specific time. And when I am going through pain, she sheds more tears and feels more pain than I do. She never wants me to experience tough times, even though I know I need to experience these hardships in order to become as strong and wise as she is.

My grandma was also my first teacher. Over the years she has shared so much of her knowledge with me. Her forgiveness of my childishness, failures and mistakes has taught me to be a more compassionate and understanding person.

And it's not just me that sees my grandma's positive vision. Many people look up to my grandma and she positively impacts so many people's lives in our community. Whenever I, or anyone else around my grandma needs anything, she is always willing to help in any situation.

Sometimes I wonder why God gave me such an amazing person to take care of me. What did I do to deserve such a great grandma to guide me through life? And how can I ever repay my grandma's deeds, blessings and sacrifices? The best way for me to repay this is to follow in her footsteps of positive actions through positive vision. To always take care of the people around me with selflessness, positivity, wisdom, understanding and strength – just like my grandma.