Should teenagers start a relationship?

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Have you ever suffered from any social pressure? Recently, we hear a lot about students who face pressure from different people, such as teachers, friends or parents, regarding their relationships. Being in a relationship can bring you joy since you can have someone to share your feelings with. Yet, you may face some pressure from the surroundings.

Have you ever thought about what will happen if you have a relationship at this age? First, your teacher will be the first one to deny it. If you ask me why, I would say spending too much time with your boyfriend/girlfriend may result in less time to finish your homework and to revise for your exams. Hence, because of not focusing in class and not finishing homework, you will have poorer academic performance.

Second, parents might not approve of your relationship because they worry that you get hurt in some way and you cannot balance your schoolwork and relationship. In some cases, parents might rap the students over the knuckles for spending too much time with their boyfriend or girlfriend. They will stop you from going out to meet them. Also, there will be frequent quarrels between you and your parents because of misunderstanding.

What about pressure from your friends? What kind of pressure will they give you? It is obvious that they may be jealous. They may feel that you prioritize your boyfriend or girlfriend over them. They may complain that you don't have time to spend with them. This situation might make you lose a close friend.

What can you do about this?

If you are in a relationship, it is essential that you plan your schedule and manage your time so that you can balance your schoolwork and relationship. Having a conversation with your boyfriend or girlfriend may be a great stress-buster, but don't forget to have one with your parents too. Having a conversation with your parents is the best way to relieve their stress. Try to understand their point of view and let them see that you are acting in a mature manner and you are capable of making right decisions by yourself. You can also make promise to them that you will strike a balance between your studies and relationship. One best way to solve your misunderstandings with your friends is to communicate with them and tell them they are not ignored. Hang out with them frequently to let them feel that they are needed.

There is no right or wrong for having a relationship. Don't feel pressured if you are in one or not. One important thing you need to do is just to manage your time effectively. Ensure that having a close friend is bringing you more good than harm.