

### **"Three Days to See" by Helen Keller**

Have you ever thought about being born with a mental or physical disability, such as being deaf or blind? How would you feel? Afraid? Desperate? Yes, I would also feel the same way. Helen Keller, however, was brave enough to see, hear, and feel the world with her own efforts despite her disability. She made the following statement in the book based on her own experience: "Physical flaws are not terrible, but spiritual flaws are." All challenges may be overcome as long as the heart is filled with light. We can all learn from Helen Keller's perseverance and the lesson she gave me is, "Count our blessings."

"Three Days to See" depicts Helen's life after she became blind and deaf. At the beginning, Helen was disappointed with life and lived with negative thoughts. She was very irritable and often lost her temper, throwing things she could get hold of. She found no love in real life and was desperate for light again.

With the help of her parents, who found her a committed teacher, Helen finally turned the corner. This teacher, Ms. Sullivan, became the guide of Helen's new life, making Helen full of hope and passion for life again. Under the patient guidance of Sullivan, Helen learned to read and learned many words. She became empathetic to everyone and it also made her feel the love that was everywhere around her. In the end of the story, her hard work paid off and she successfully achieved her university dream.

I get to think it would be a great idea to live each day as if we were going to die tomorrow. Such an approach places a strong emphasis on life values. We should live each day with kindness and a great sense of appreciation, which are sometimes lost when time stretches before us in a never-ending panorama of more days, months, and years. Helen Keller rightly finds that ordinary people do not recognize the worth of their senses and ignore the beauty that surrounds them. Whatever the case may be, we should cherish everything and be grateful for what we have now.