

Letter of advice

Dear Peter,

How are you? I'm sorry to hear your problems. Thank you for sharing your worries about your academic studies, friends and health too. Don't worry! We can solve the problems together. I think I can offer you some advice.

First of all, I know you are worried about your studies. You said that your teacher had given you a lot of homework and quizzes as revision, but you said you were not a clever boy, so you always failed those quizzes. You must be very unhappy. Don't stress over it! If I were you, I would talk to your subject teacher about it, because I think your teacher will understand your problems. Also, you can do your homework and study with your friends since you will work faster then.

Your next problem concerns your friendship. You mentioned that you had serious arguments with your friend these days. Why don't you talk with your friend and be the one to apologize? If you talk to your friend about it, you might solve your problems with him.

Finally, your last problem is about your mental health. You said that you had thought of killing yourself because of these problems. You can discuss this issue with your parents or a counsellor. If you want your mental health to be better, you need to talk to someone whom you trust. I am sure you can solve the problem.

I hope this advice is useful. Please write to me again if you need any more help. Don't worry! We'll always support and be here for you! There is light at the end of the tunnel. Look on the bright side.

Best Wishes,
Aunt Anna