Turn Photos of Food into Art?

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With the increasing popularity of social media and the widespread use of smart phones that are equipped with a camers, everyone can be a photographer. Some say that a picture is worth a thousand words, so what about a photo of a meal or buffet? In the past, when people went to a restaurant or café, they simply enjoyed the food and a cup of coffee. Now, it is common to take out our smartphones to take photographs of our meal first. Why?

Well, people have begun to be more open and willing to share almost everything about their life, including where they are, who they are spending time with and what they are doing and eating. At the same time, food blogs have also become popular. Some people say that taking videos of delicious food for blogs are entertaining, and I agree with this. Taking photographs of food is nice, but when people make food videos for blogs, it is likely to make online viewers think they are also in the videos because they could imagine enjoying the food with the bloggers. This is another way of having connections with friends, family and other people around the world even when you cannot be together with them.

For businesses, this trend has made lots of restaurants get higher reviews from customers through social media. When customers take photographs of or write blogs about these restaurants, online viewers may get attracted easily, and then they would want to visit the restaurants and try the tasty food.

However, some people are worried about the negative impacts of the trend. They worry that adolescents will spend more time looking at their phones and blogging rather than socializing with the people around them and having meals together.

According to a recent study, almost 30 percent of the people involved feel that their friends ignore them at restaurants, and many parents say their children are so addicted to social media that they barely have conversations with them when having a dinner or family reunion. Because of such addiction, their children keep looking at their phones and never put them down.

I think this trend would be long-lasting since new food and restaurants are introduced every day and taking selfies has become a fad.