

My favourite TV programme

By Charmaine Mok (3D)

Good morning everybody. Is there a TV programme that never loses its appeal to you? There is one that I'll never get bored with and it's called Running Man. Running Man is a reality show from Korea. It has been aired for more than 7 years and has more than 300 episodes. I've started watching it since I was in primary 6 and I've spent quite a long time watching all of the episodes. Until now, I have watched 371 episodes. That's a lot, right?

My classmate, Paul, recommended the TV programme to me. Actually, I discovered Kpop culture because of Paul too. This reality show has eight hosts, including six men and two women. They go to different places and complete various missions. Missions often come without prior notice. There may be a mission before mealtime and the result determines whether they have anything to eat. Sometimes, the show invites kpop singers and actors or actresses to be guests. Winners of each game are rewarded with a gift, which is useful and important in the final game. For instance, "R coins" can be used to buy some equipment to help them win. The final game usually consists of eight contestants in which they need to tear off one another's name tag on their back. If the tag is removed, the contestant will be out. On the contrary, the winners can get prizes like a golden name tag or a golden ring which grants them a second life in the subsequent episodes.

I guess now you know why I enjoy watching it so much. The funniest part is that they will trick their partners in order to win. If it's a solo race, friendship suddenly means nothing as everyone is eager to win. I watch it every Monday now and every time I have a good laugh.

I highly recommend this reality show to you all and I hope you will like it as much as I do. Thank you!