



The Benefits of Reading

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In our world of modern technology, it is easy to overlook the pleasure of curling up with a good book. With lots of entertainment on the phones, people nowadays seldom read books. But the truth is that reading can be more than an entertainment or an English assignment. People often overlook the value of reading. In fact, enjoying literature might help strengthen your mind.

We always get knowledge from books. Everything we read fills our head with new bits of information, and we never know when it might come in handy. When immersing ourselves in books, we're actually refining our mind. With books on hand, it seems that all things are within the realm of possibility.

In modern society, our attention is drawn to a million different directions as we have to handle various tasks throughout each day. People often feel lost after a busy day. But when you read a storybook, you can just focus on the story. You leave behind the rest of the world and you can immerse yourself in every fine detail of the book. This is an enjoyable experience not many people can go through.

I read because I believe many places in the world are stunning. For some reasons, I can't go to all the places, but in books, you can travel in space, dive deeply to the bottom of an ocean, live in the past, present and future! You can experience thousands of lives while you are reading. Isn't that amazing?

In short, reading not only brings you useful knowledge but also allows your mind to stay focused. What's more, you can experience different lives at different places. So, friends, grab some good books and start reading! I assure you that will be great fun!