

3A (7) Ho Cheuk Pui Minami

### **Sports Days**

Our Sports Days were held on 22<sup>nd</sup> September and on 25<sup>th</sup> September respectively. The Sports Days were a little bit different from last year's. This year they were held in hot days.

Before the competitions, my classmates and I made some boards for cheering. Our names and slogans were written on them. I liked how the boards looked and I was really satisfied. Our class mistress, Ms Mui, prepared some ponpons for us and some classmates bought tambourines too.

I participated in the 100-metre race, high jump and shot-put. Although I did not win in any of these competitions, I was the second runner- up in the Sports Days Flag-design Contest. I had a lot of fun competing with my friends.

It was really hot on the day of the final. We sweated a lot and we even opened our umbrellas to block the strong sunlight. Luckily, Ms Mui let us change our seats to a cooler place. She also treated us to tasty ice lollies.

The happiest thing was to cheer for our class. During the 4x100 and 4x400 relays, we shouted as loud as we could. We clapped enthusiastically for our classmates after they finished the relays. I almost lost my voice after cheering.

After the Sports Day, I truly understand what 'Unity is Strength' means. Although my legs were painful after the races, I still enjoyed the experiences a lot.