

2E Kelvin Kwong
A Letter of Advice

Dear Mark,

I know you are going through a hard time. I understand your problems and difficulties. I want to tell you that I will always be with you. Please don't worry.

If you want to get a better exam result, you can ask your teachers and classmates when you have any problems with your exams and homework. Also, you should pay attention in your lessons. If you feel you are having too much homework, you can ask your parents to hire a tutor or you form a study group with some friends in your class.

Being anxious will just make things worse. Relaxing and trying your best is already good enough. Don't put everything on your shoulders. Believe in your own strength and your heart will be as strong as a diamond.

I know that you recently had an argument with your friends. You can write a letter to him and let him know that you treasure your friendship. I think you can have a nice sharing with him.

Finally, no one is perfect. Don't think about killing yourself. It is very silly and negative. If you are helpless, you can talk to the social worker or counselors at school because they are good listeners and may help you solve your problems. They are professional, sincere and they will stand by you.

Feel free to write to me to share your feelings. Remember, you are not alone!

Love,
Anna