

Teen problems - a letter of advice

Nathaniel Brooks (2D)

Dear Peter,

After reading the letter you have sent me, I know exactly what you are going through and feeling. As I was a teen too, I also had to deal with all of these things. You aren't alone and I want to help you.

Firstly, you said that you were failing all of your quizzes. Please keep in mind that you shouldn't cheat during your quiz. If I were you, I would seek help from your teacher or even your parents. They will understand and will offer assistance right away! Getting a tutor can also help solve the problem.

Secondly, you said you had the problem of finishing your homework and handing it in on time. If you need help with your homework, I would suggest asking your teacher or parents. I would strongly advise you to get a tutor. It would help a lot.

Thirdly, you told me that you were falling out with your friends. I'm sure that it makes you feel horrible and upset. But you must try to relax. If you want to make up with your friends, you should try apologizing to them. You could also try to buy them a drink to say sorry.

Lastly, the most serious problem that you are facing is that you have suicidal thoughts and have been considering killing yourself. Peter, please remember that I and the rest of your family love you very much. Committing suicide will hurt everyone who cares about you. If I were you, I would go see your school counsellor or a therapist right away!

No matter what happens to you, no matter how horrible you feel, you must always stay positive. I will always support you no matter what. I hope this letter will change your view on life and motivate you to get help.

Yours sincerely,

Aunt Anna