Buddhist Wong Fung Ling College S1A English Language Journal: Delicious Food in Hong Kong

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'Is Mango Pudding your favourite Hong Kong food?

Today I will introduce my favourite Hong Kong food, Mango pudding. it is so yummy and mangoes are healthy to us. Mango pudding is sweet and soft. I have tried it at dessert shops. It is not expensive as it costs about \$20-\$50.

The ingredients are unflavoured gelatin, sugar, hot water, pureed fresh mangoes, milk and ice cubes. I think it is not difficult to make. First, add gelatin and sugar to hot water and stir until dissolved and smooth. Then, mix mango puree, evaporated milk and ice cubes in a large bowl. Finally, pour the hot mixture into mango mixture and stir until ice cubes melt. Pour the final mixture into jelly mould and chill until set for at least three hours.

Go and try it with your friends!